Sacramentals















What are Sacramentals?

- A Sacramental is a sacred sign instituted by the Church to allow us to receive grace.
- Sacramentals prepare a person to receive grace and strengthen the capacity to remain in the state of grace already received.
- Sacramentals are items of devotion and are not charms/superstitions or magic.
- These are sacred signs which bare a resemblance to the Sacraments.

What are Sacramentals?

- Three types of Sacramentals
 - 1. Blessing
 - 2. Consecrations/Dedications
 - 3. Exorcisms
- Sacramentals help prepare Catholics to fully receive grace and cooperate with grace through the effects of the Sacraments (before and after).
- Sacramentals serve as a constant physical reminder of our love and devotion to God.

Sacramentals

The purpose of the Sacramental is to put each Christian into a closer relationship with Christ.

CCC 1671

Among Sacramentals blessings (of persons, meals, objects, and places) come first. Every blessing praises God and prays for His gifts. In Christ, Christians are blessed by God the Father "with every spiritual blessing". This is why the Church imparts blessings by invoking the name of Jesus, usually while making the Holy sign of the cross of Christ.

Sacramentals



Catechism, 1667

- Holy mother Church has instituted Sacramentals.
- These are sacred signs which pair a resemblance to the Sacraments.
- They signify effects, particularly a spiritual nature, which are obtained through the intersession of the Church.
- By the Sacramentals people are disposed to receive the chief effect of the Sacraments.

List of Examples of Sacramentals



- Sign of the Cross
- Holy Rosary
- Stations of the Cross
- Crucifix
- Chaplets (Divine Mercy)
- Holy Water
- Holy Images (statues and pictures)

- Medals (Miraculous Medals, others)
- Brown Scapular
- All Blessings
- Candles
- Blessed Salt
- Stations of the Cross



- Use different Sacramentals to help fallen away Catholics or lukewarm Catholics to be more fervent in their Faith.
- Encourage conversion to all we meet during our works.
- Scapular and Miraculous Medal
 - Spread devotion to the Scapular and Miraculous Medal per the request of our Blessed Mother.
 - Promises of Our Lady Protection



- Holy Rosary Encourage people to pray the rosary.
 - Pamphlet on "How to Say the Rosary"
 - Explain the 15 promises of the Rosary
 - Explain that all 20 mysteries of the Rosary are biblical and found in the Bible
- 15 Promises of the Rosary
 - 1. Those who faithfully serve me by the recitation of the Rosary shall receive signal graces.



- 15 Promises of the Rosary (continued)
 - 2. I promise my special protection and the greatest graces to all those who shall recite the Rosary.
 - 3. The Rosary shall be a powerful armor against hell. It will destroy vice, decrease sin, and defeat heresies.
 - 4. The recitation of the Rosary will cause virtue and good works to flourish. It will obtain for souls the abundant mercy of God.
 - 5. The soul which recommends itself to me by the recitation of the Rosary shall not perish.



- 15 Promises of the Rosary (continued)
 - 6. Those who recite my Rosary devoutly, applying themselves to the consideration of its sacred mysteries, shall never be conquered by misfortune.
 - 7. Those who have a true devotion to the Rosary shall not die without the Sacraments of the Church.
 - 8. Those who faithfully recite the Rosary shall have, during their life and at their death, the light of God and the plenitude of His graces.
 - 9. I shall delivery from purgatory those who have been devoted to the Rosary



- 15 Promises of the Rosary (continued)
 - 10. The faithful children of the Rosary shall merit a high degree of glory in heaven.
 - 11. By the recitation of the Rosary you shall obtain all that you ask of me.
 - 12. Those who propagate the Holy Rosary shall be aided by me in their necessities.
 - 13. I have obtained from my Divine Son that all the advocates of the Rosary shall have for intercessors the entire celestial court during their life and at the hour of their death.



- 15 Promises of the Rosary (continued)
 - 14. All who recite the Rosary are my beloved children and the brothers and sisters of my only Son, Jesus Christ.
 - 15. Devotion for my Rosary is a great sign of predestination.